



Prairie County Adult Health Survey 2004



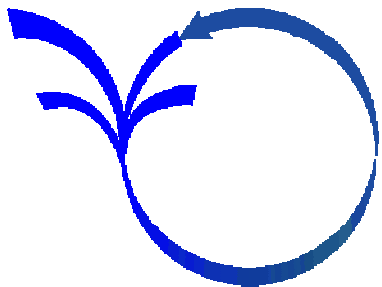
Arkansas
Department
of Health



STAMP OUT SMOKING

Arkansas Department of Health
stampoutsmoking.com

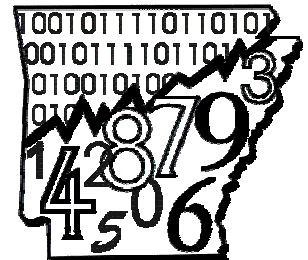
Your Tobacco Settlement Dollars at Work



BRFSS

Behavioral Risk Factor Surveillance System

Arkansas
Center for
Health
Statistics





What Is the Prairie County 2004 BRFSS?

The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Prairie County participated in county level BRFSS studies sponsored by Hometown Health.



In Prairie County...

- # Interviews were conducted with 913 people who live in Prairie County during October 2004.
- # Of the 913 Prairie County interviews, 331 were with men and 579 were with women.



What was the most common cause of death for Arkansans in 2001?

Heart Disease

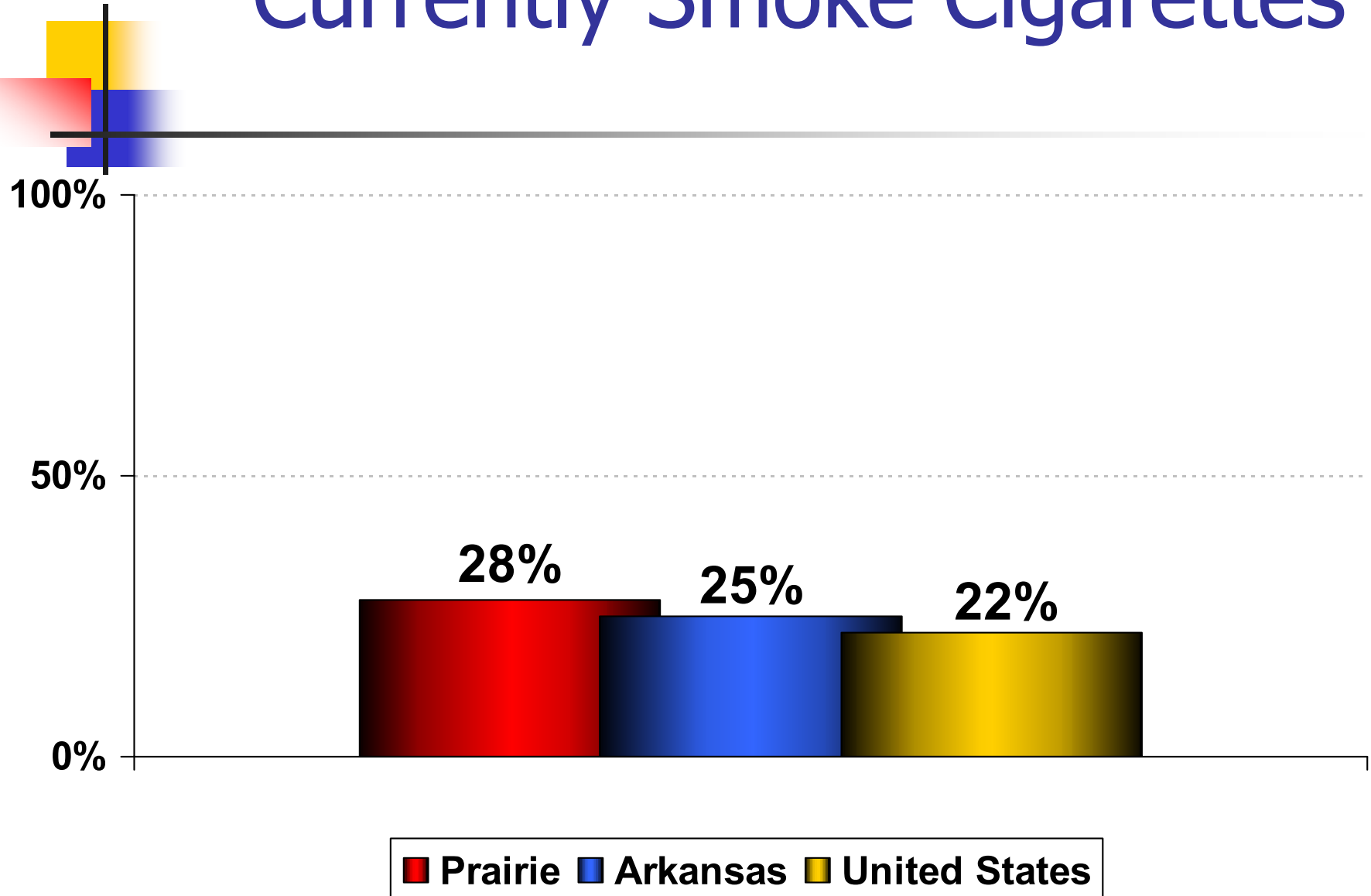
- Heart disease was the most common cause of death in Arkansas in 2001, accounting for 30% of all deaths.
- The rate of death from heart disease was 49% higher among men than among women.

Cardiovascular Disease Risks Measured Include...

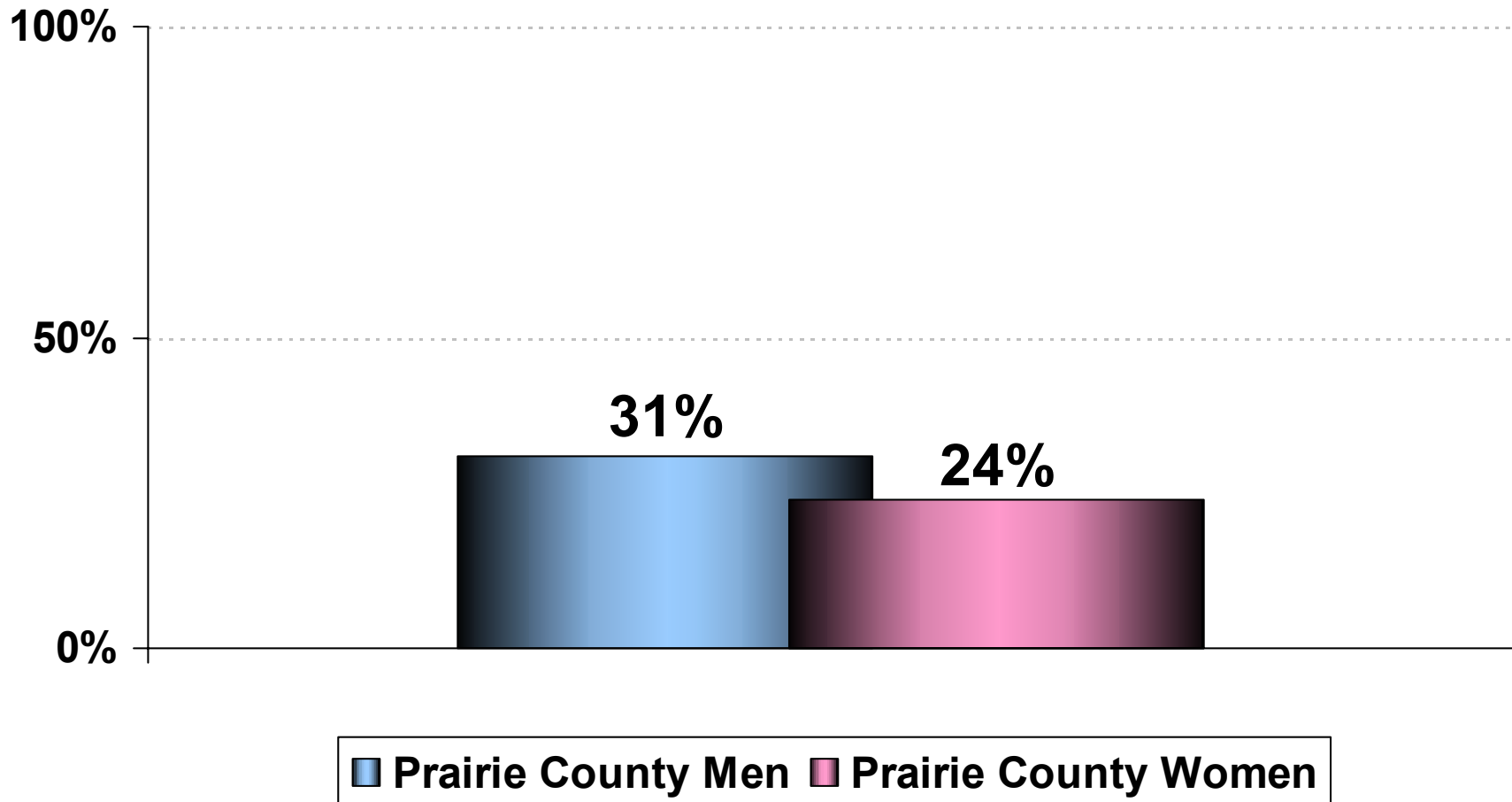
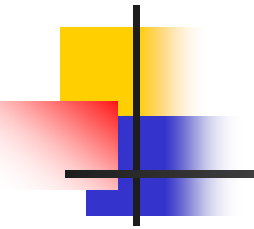


- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle

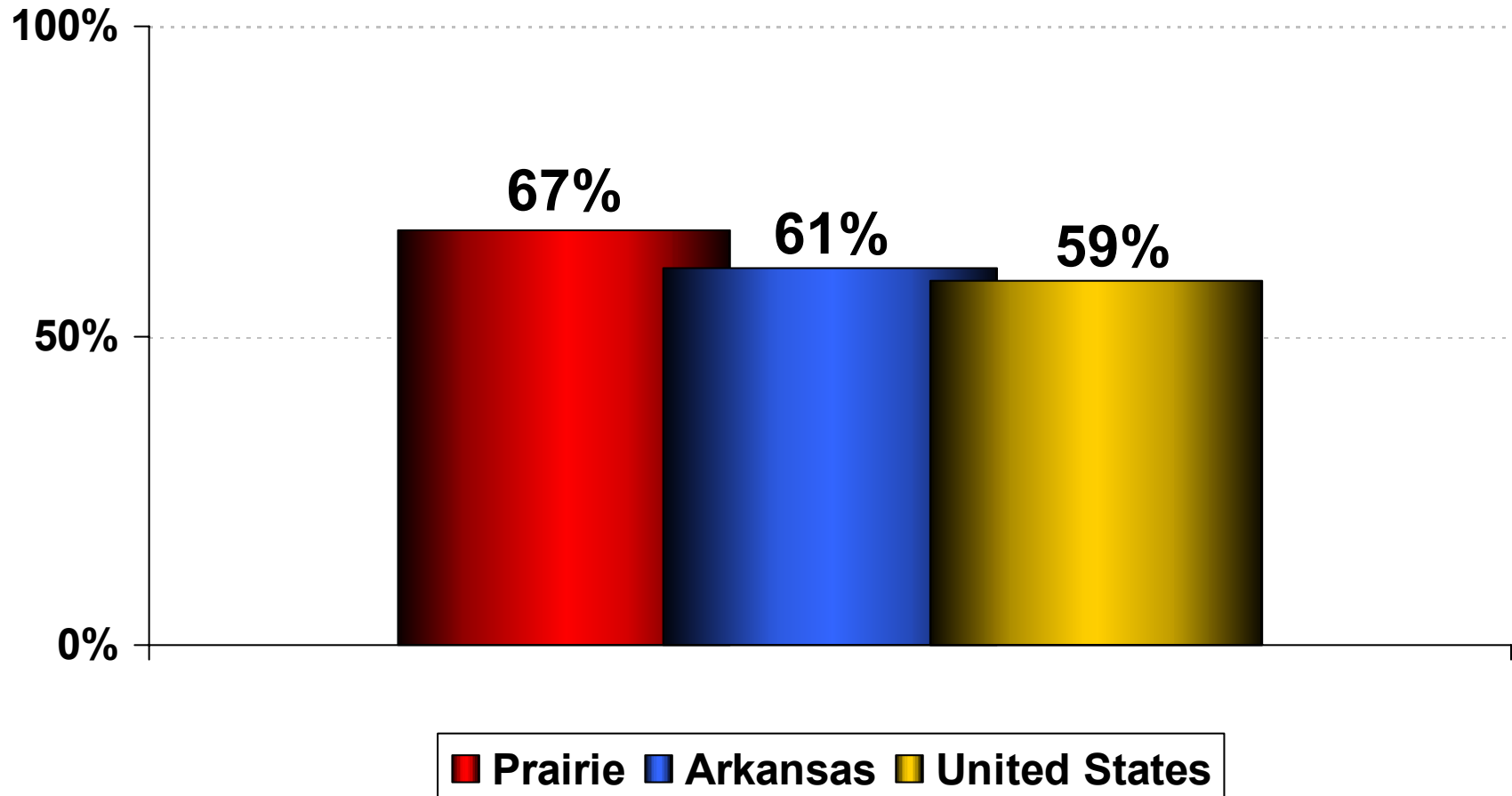
Currently Smoke Cigarettes



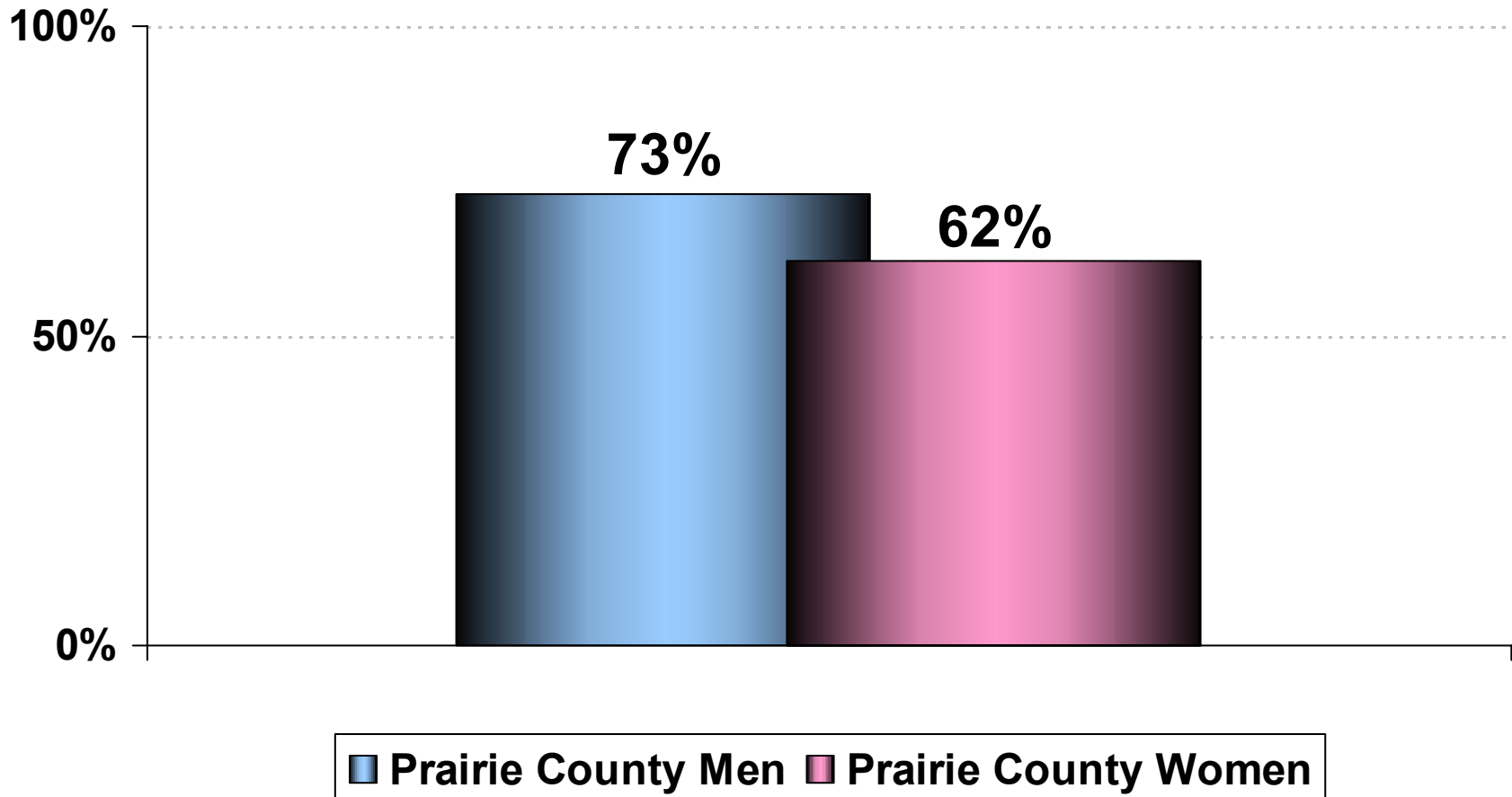
Currently Smoke Cigarettes



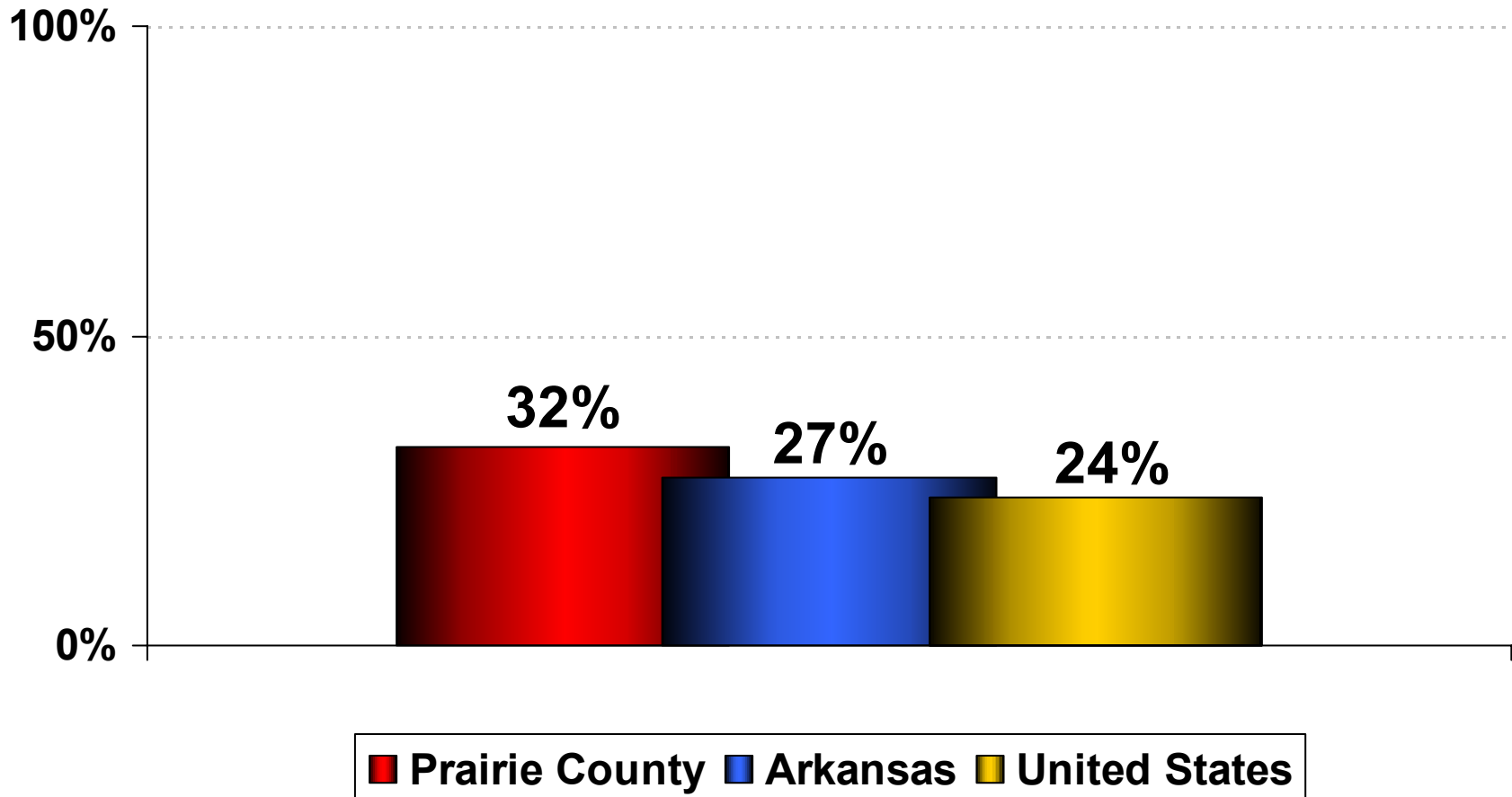
Overweight as Measured by Body Mass Index



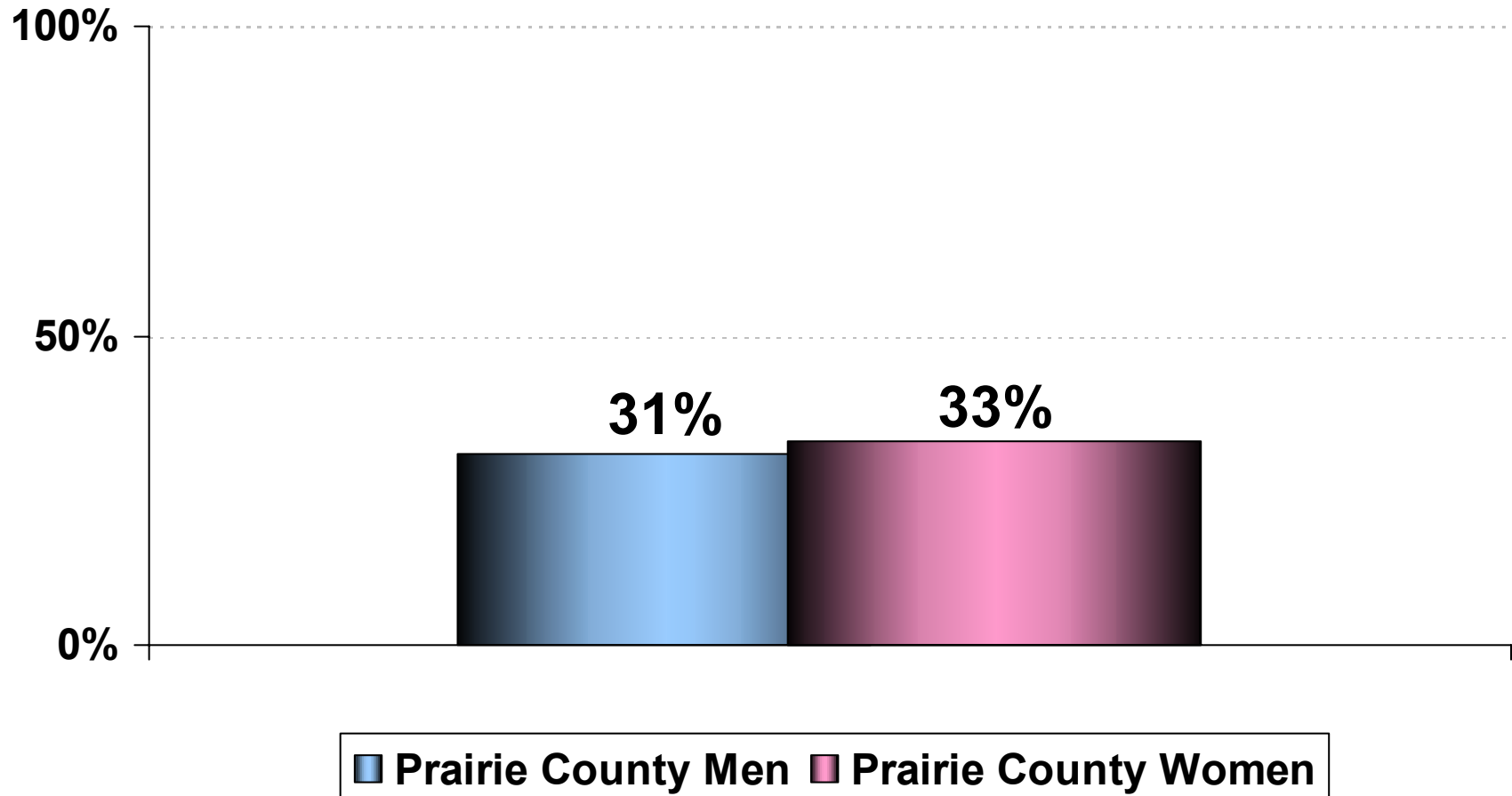
Overweight as Measured by Body Mass Index



Do Not Participate in Any Physical Activities



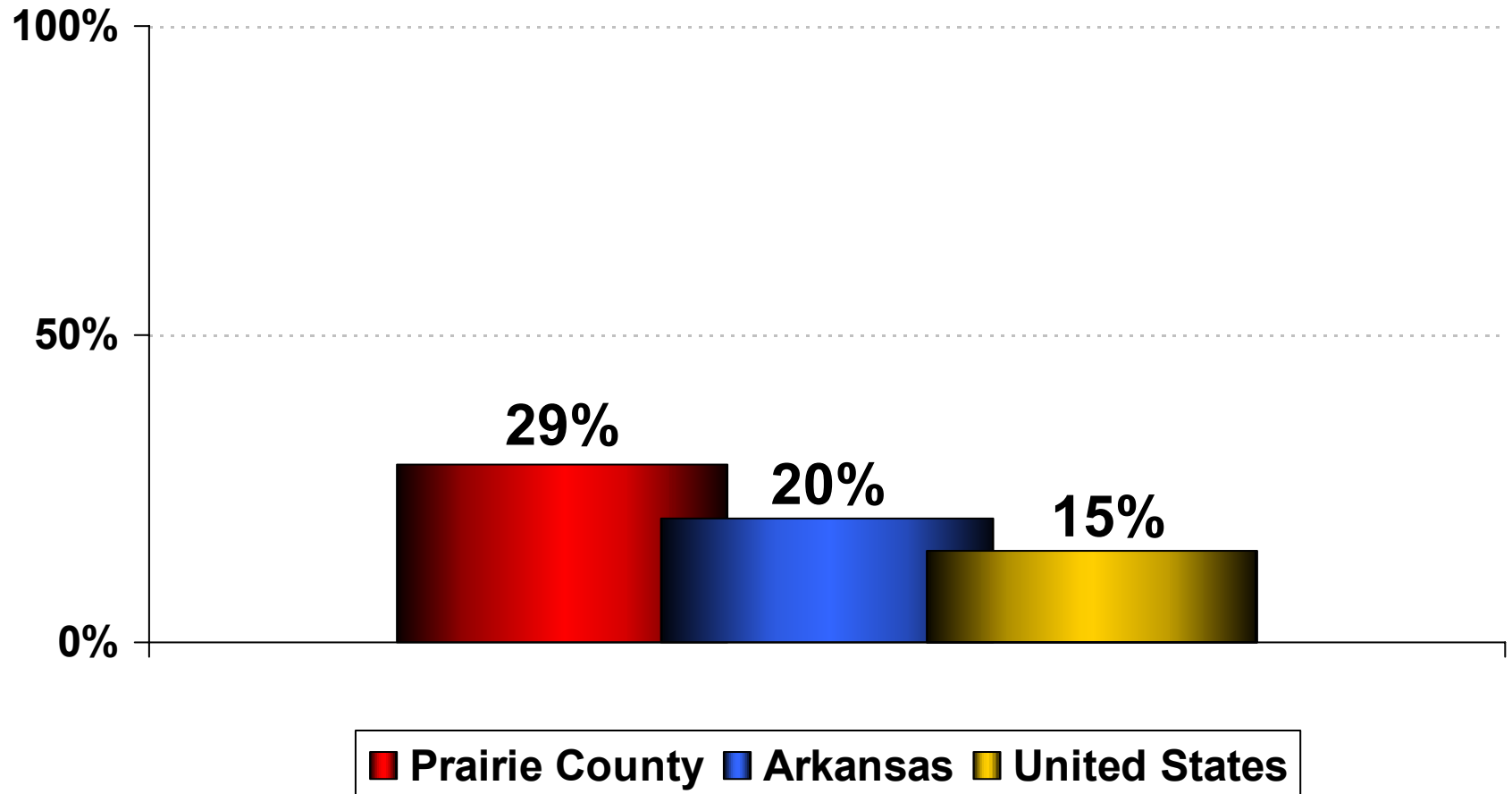
Do Not Participate in Any Physical Activities



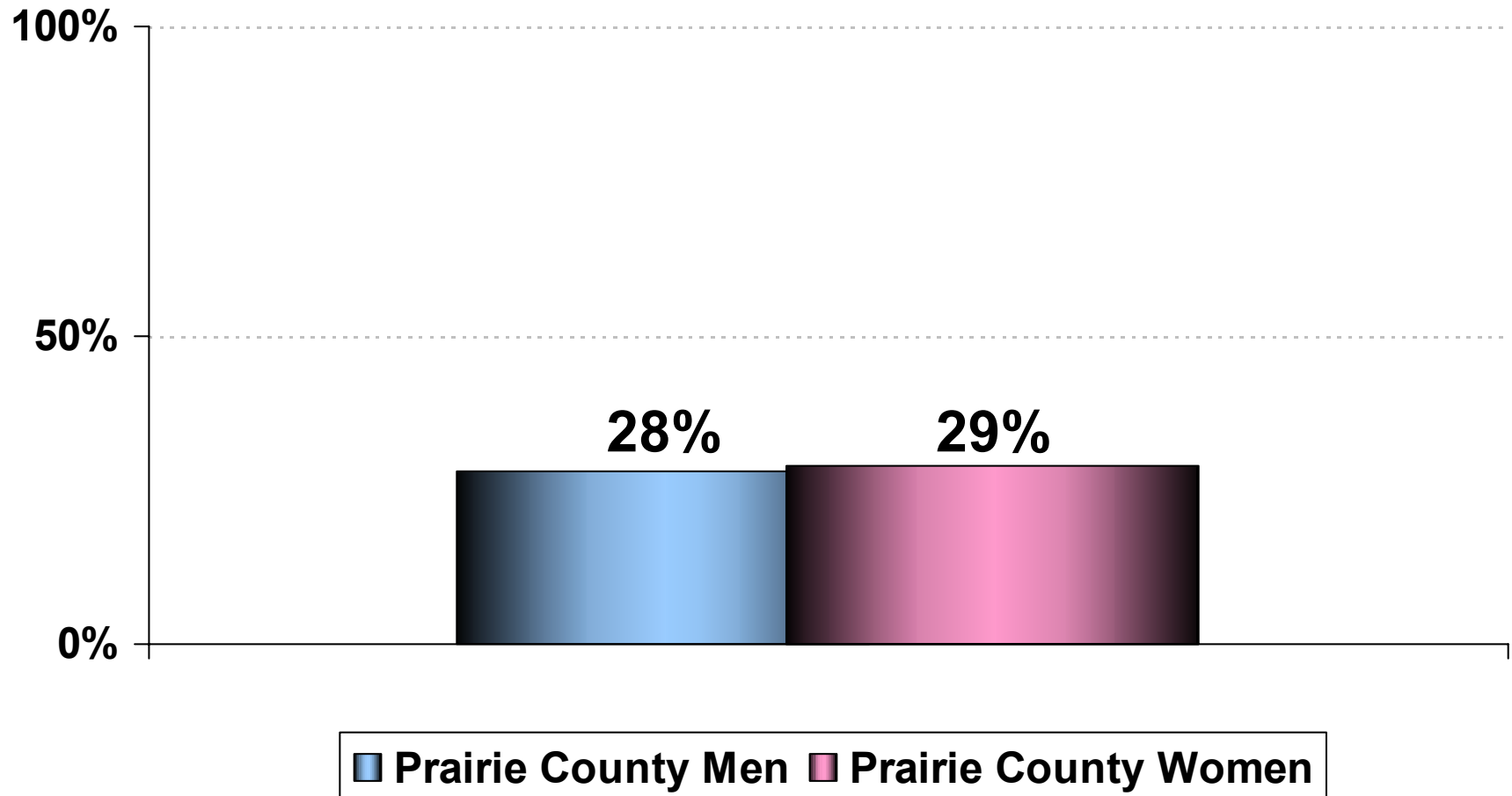
Selected Other Major Risk Factors



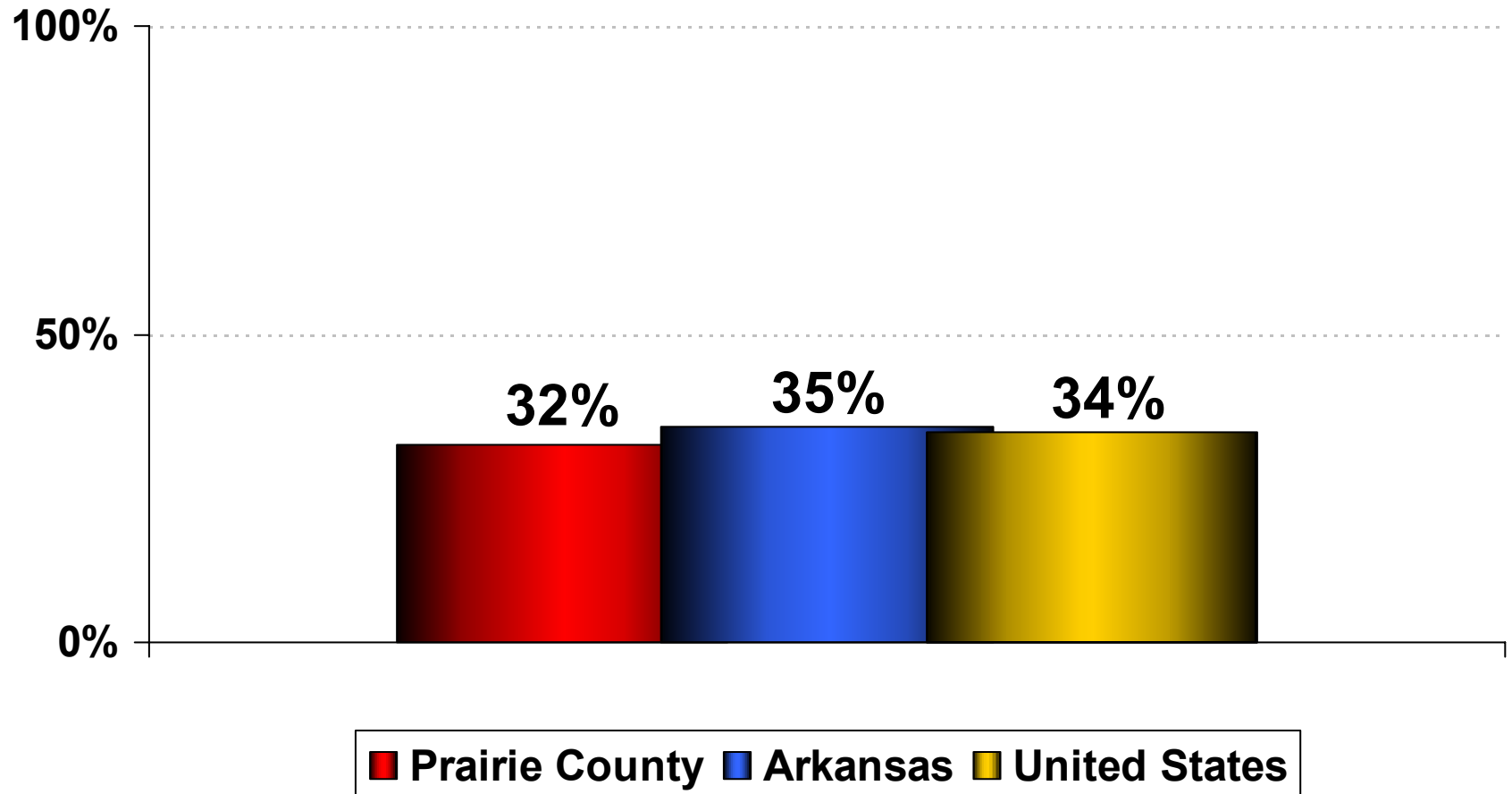
Reported General Health as Fair or Poor



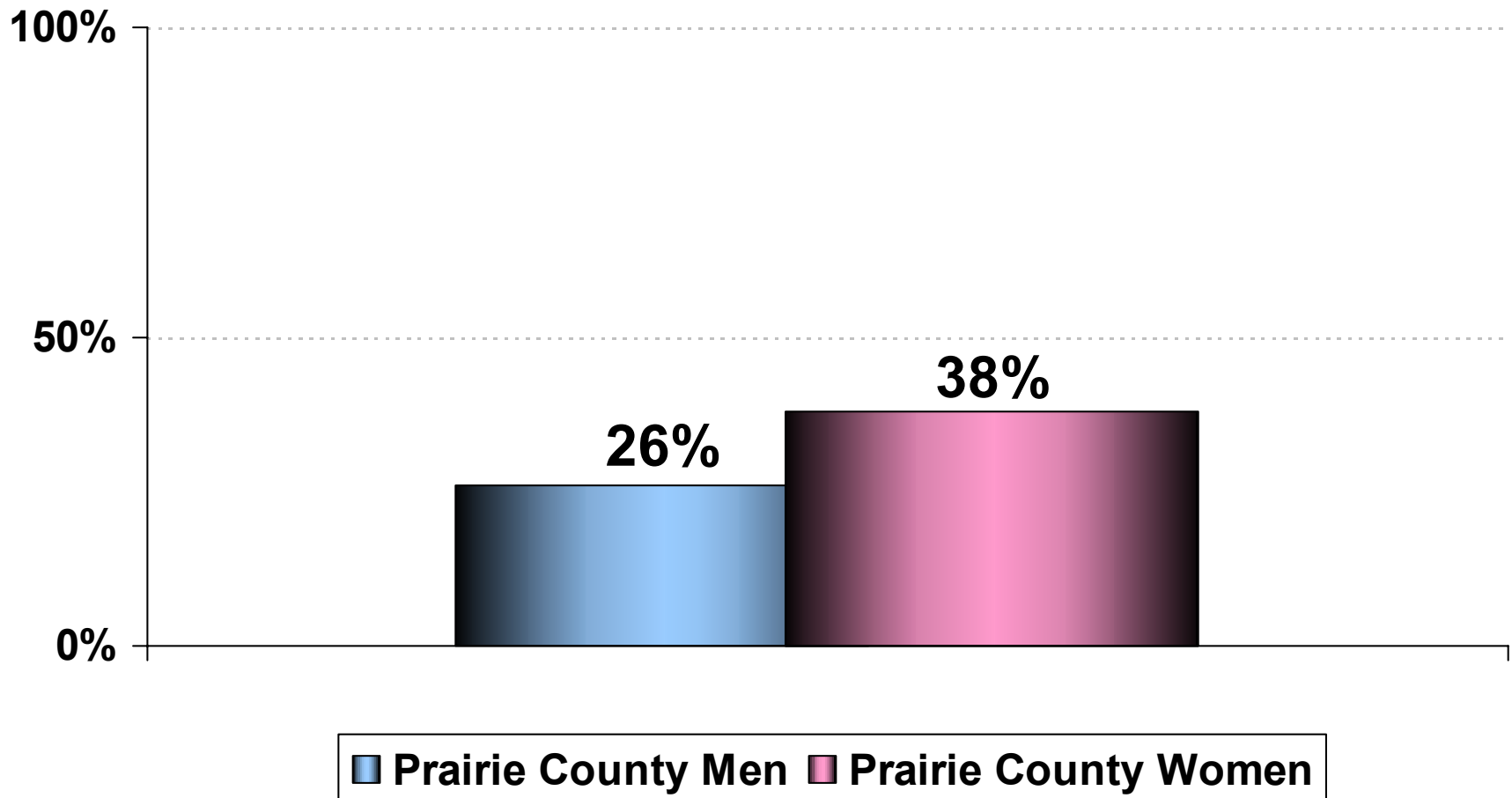
Reported General Health as Fair or Poor



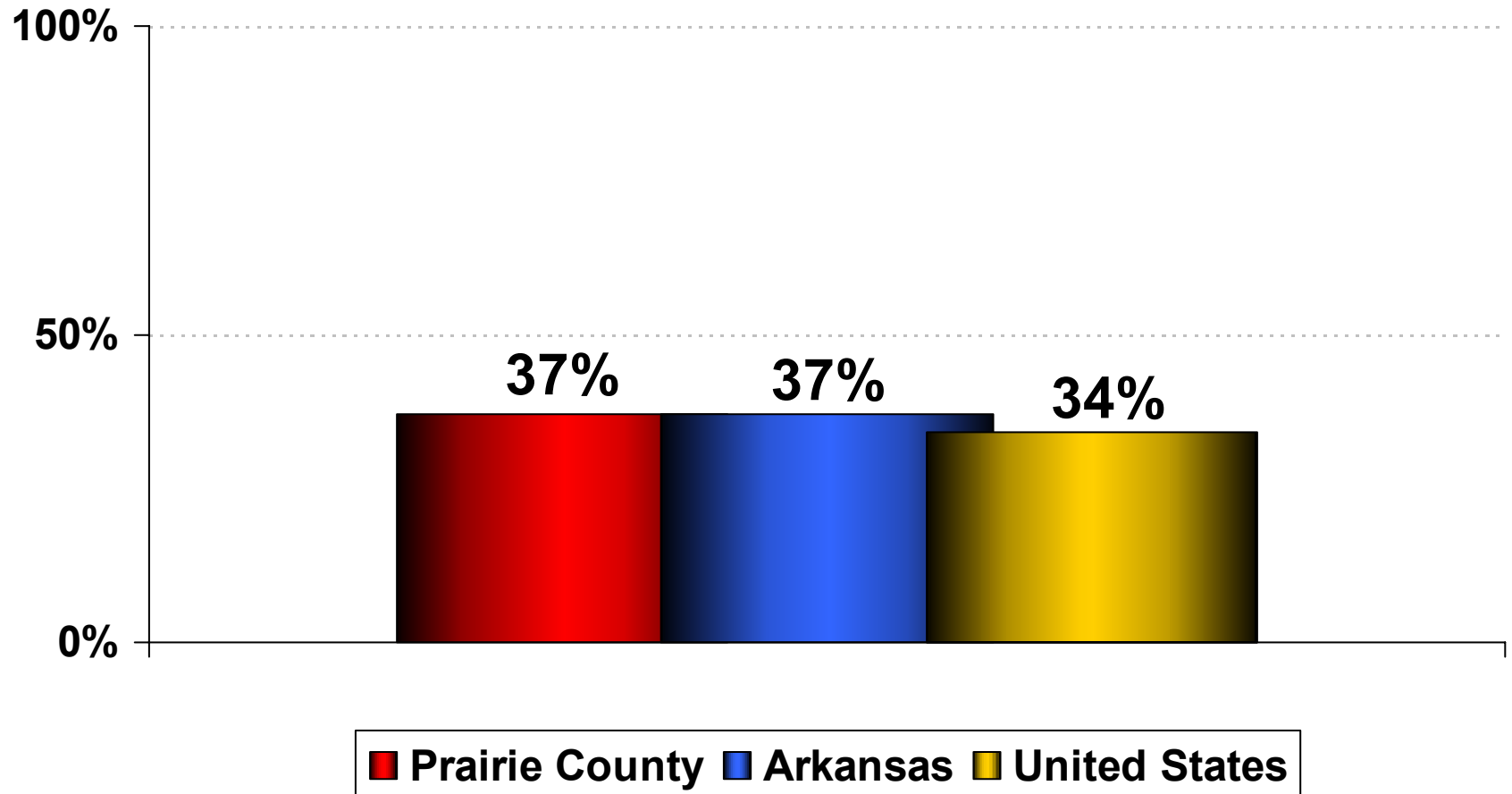
Reported Mental Health as Not Good On One or More Days During the Past Month



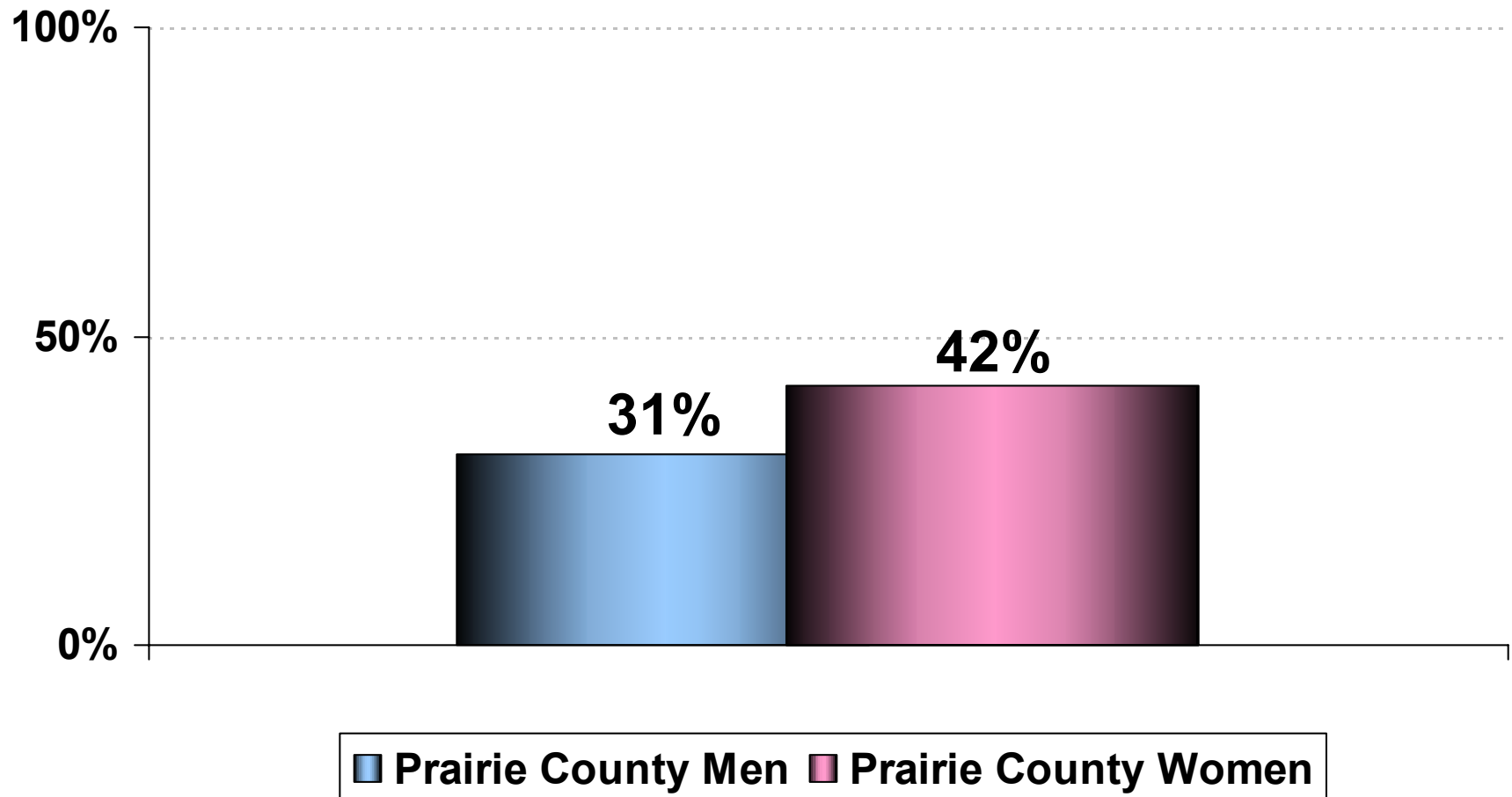
Reported Mental Health as Not Good On One or More Days During the Past Month



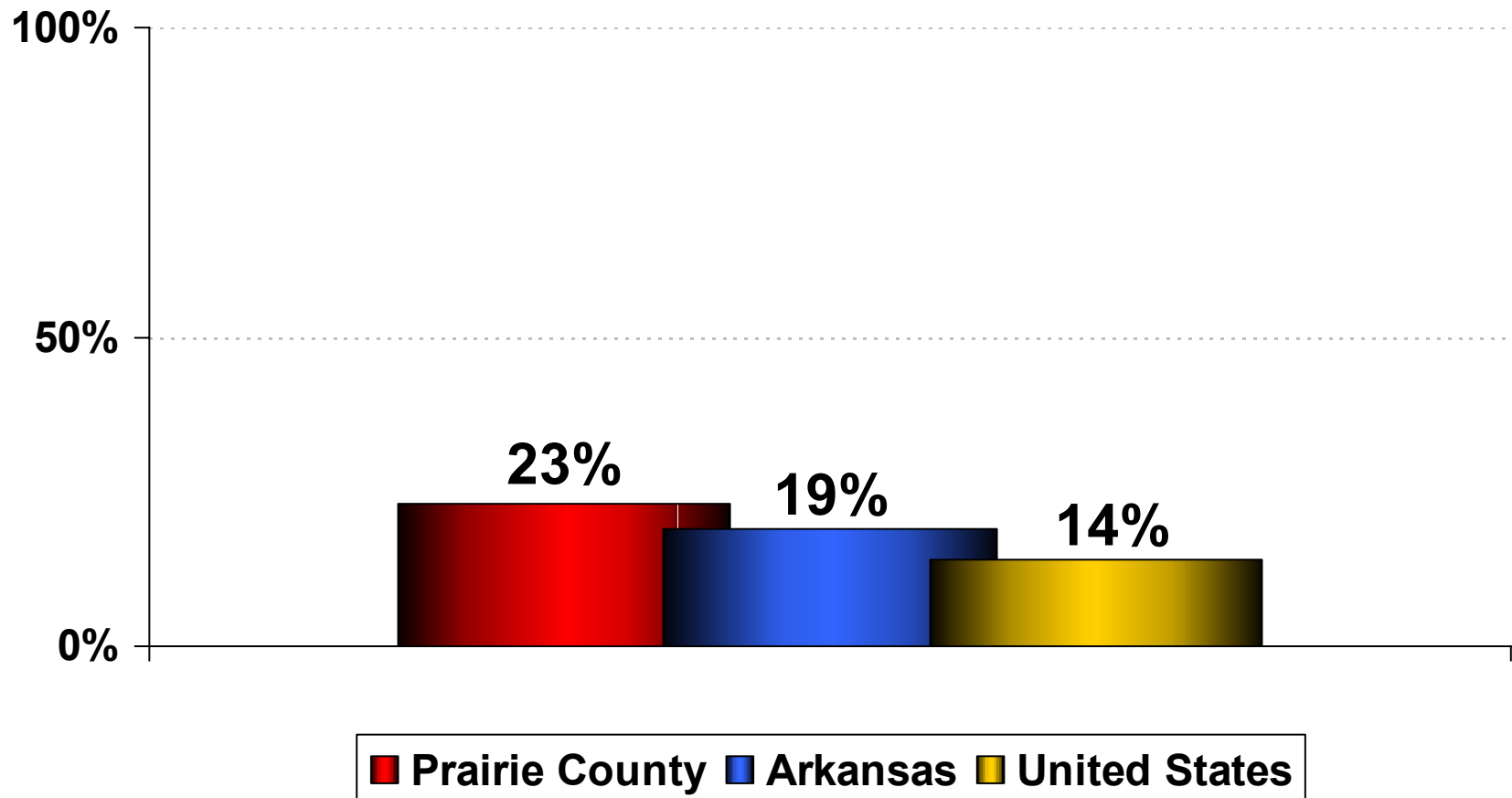
Reported Physical Health as Not Good On One or More Days During the Past Month



Reported Physical Health as Not Good On One or More Days During the Past Month



Do Not Have Health Insurance



Do Not Have Health Insurance

100%

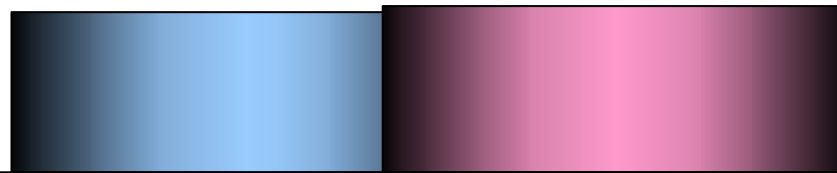
50%

0%

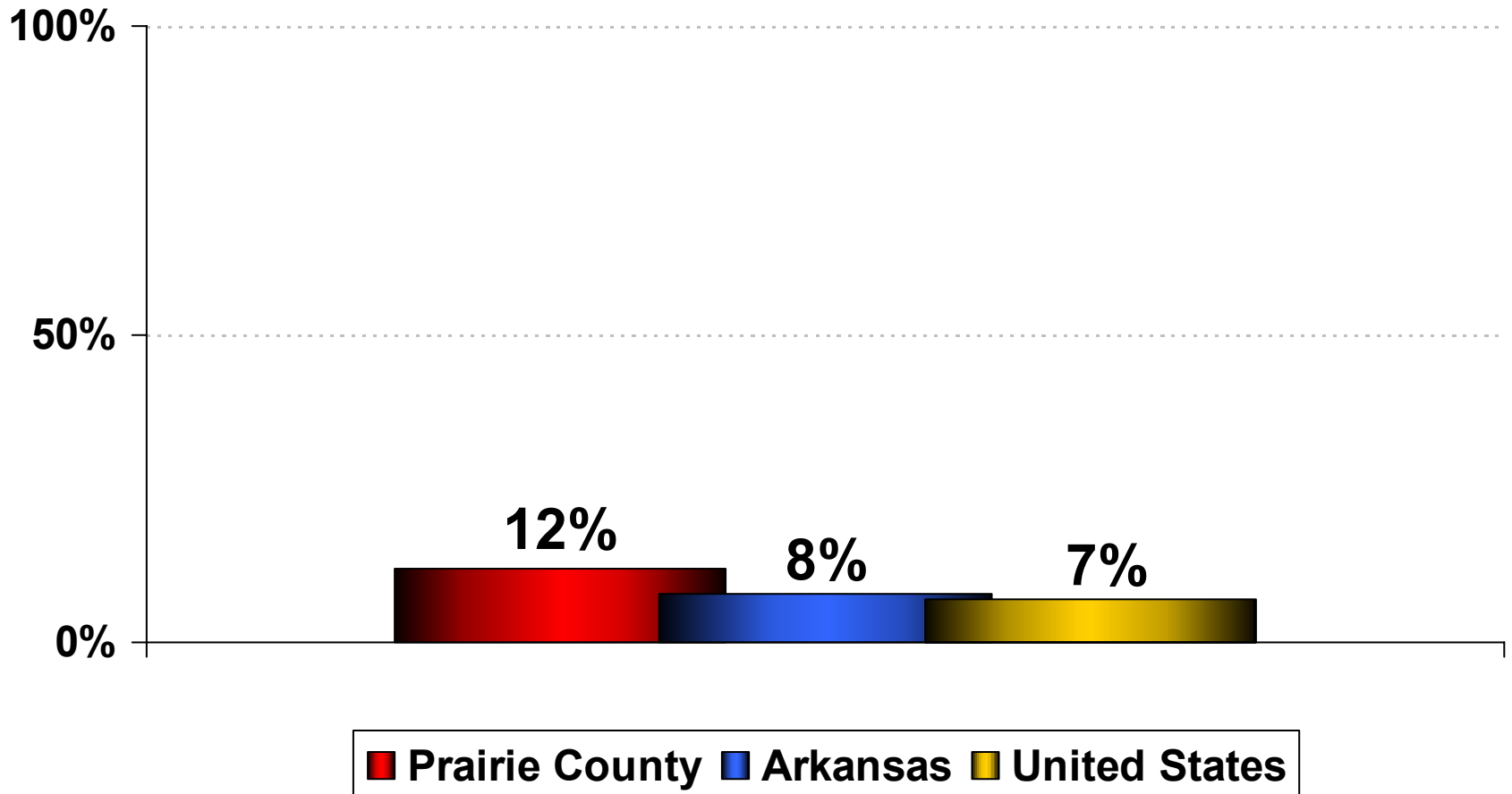
23%

24%

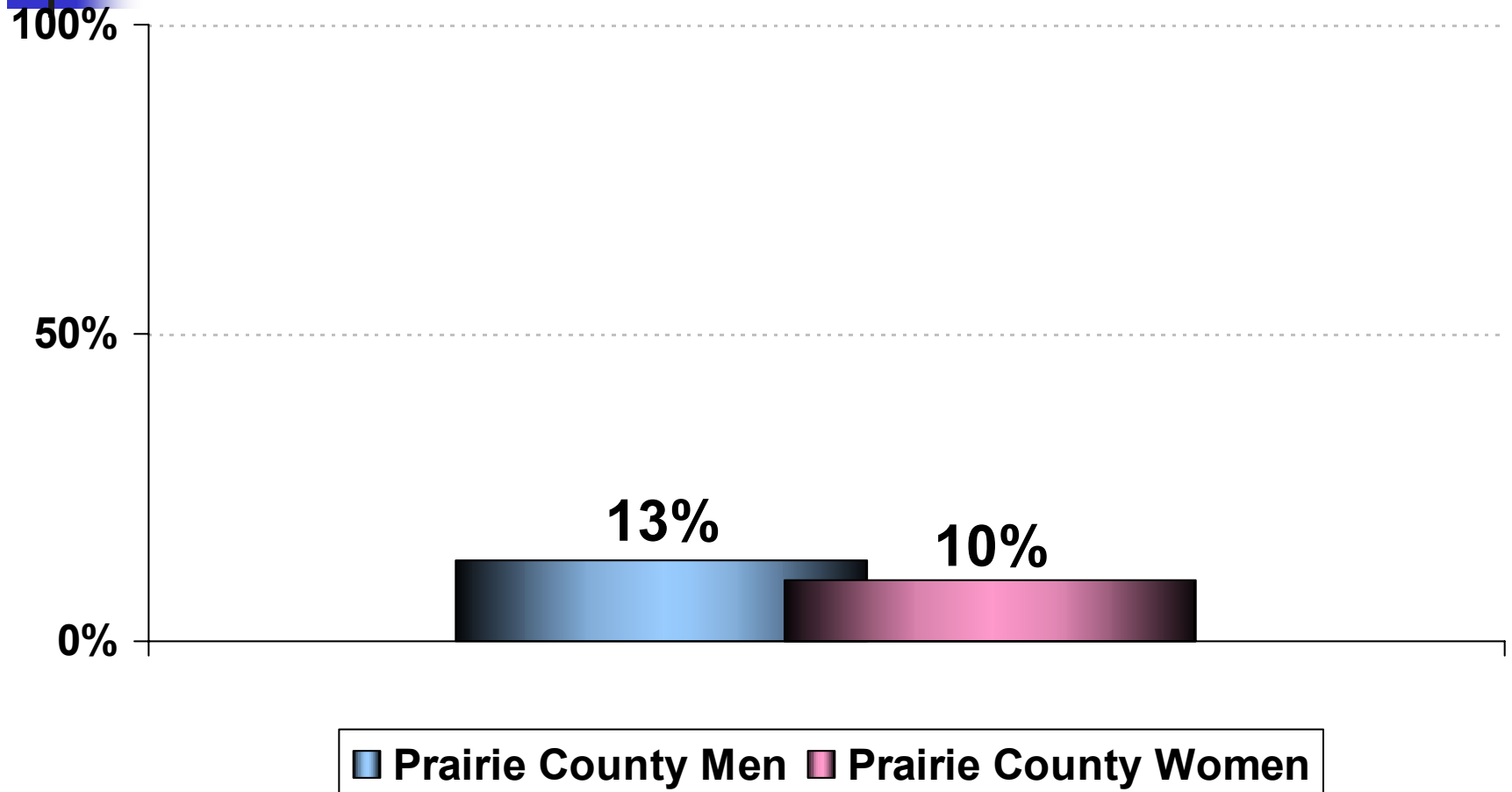
■ Prairie County Men ■ Prairie County Women



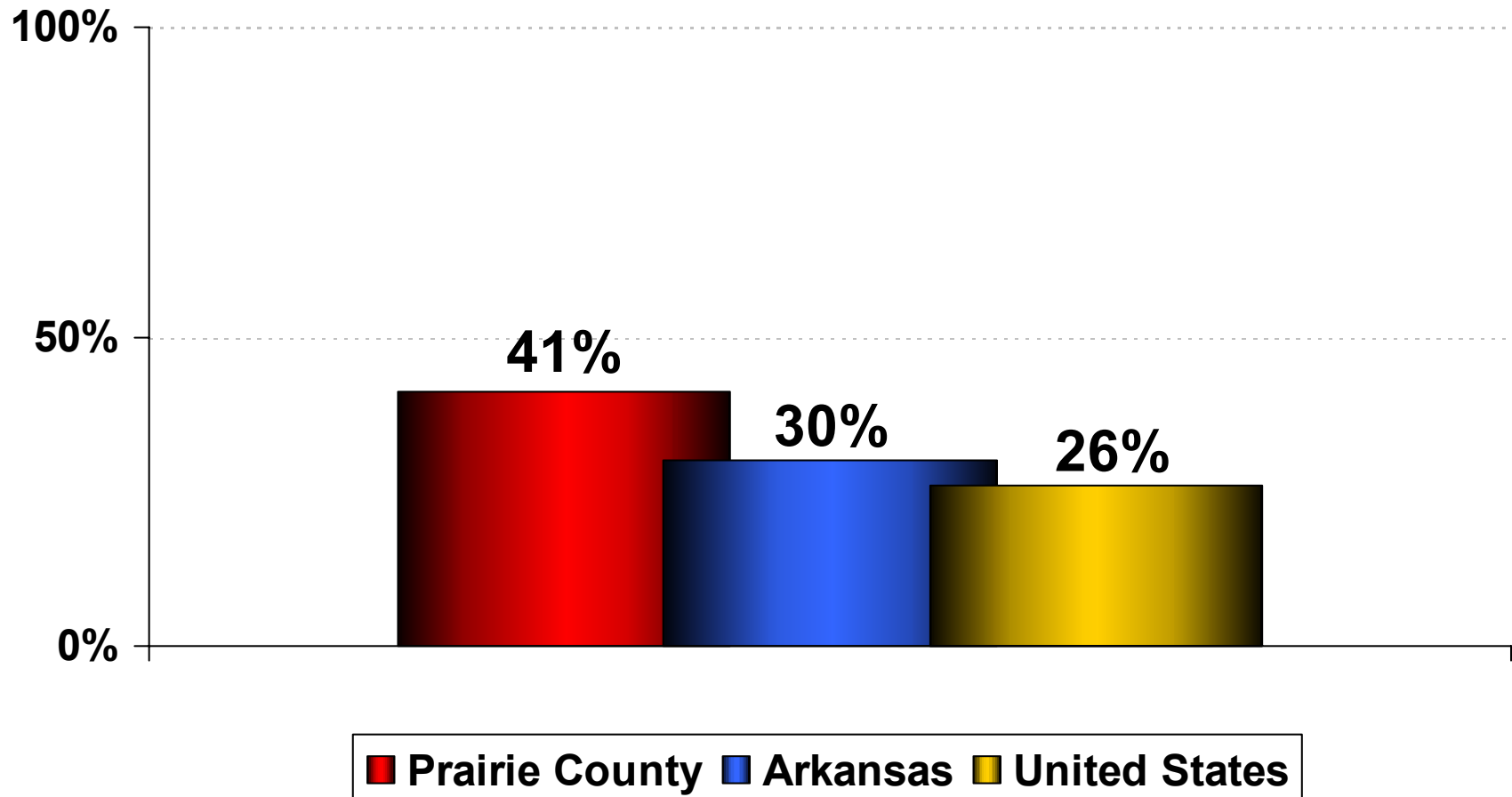
Have Been Diagnosed with Diabetes



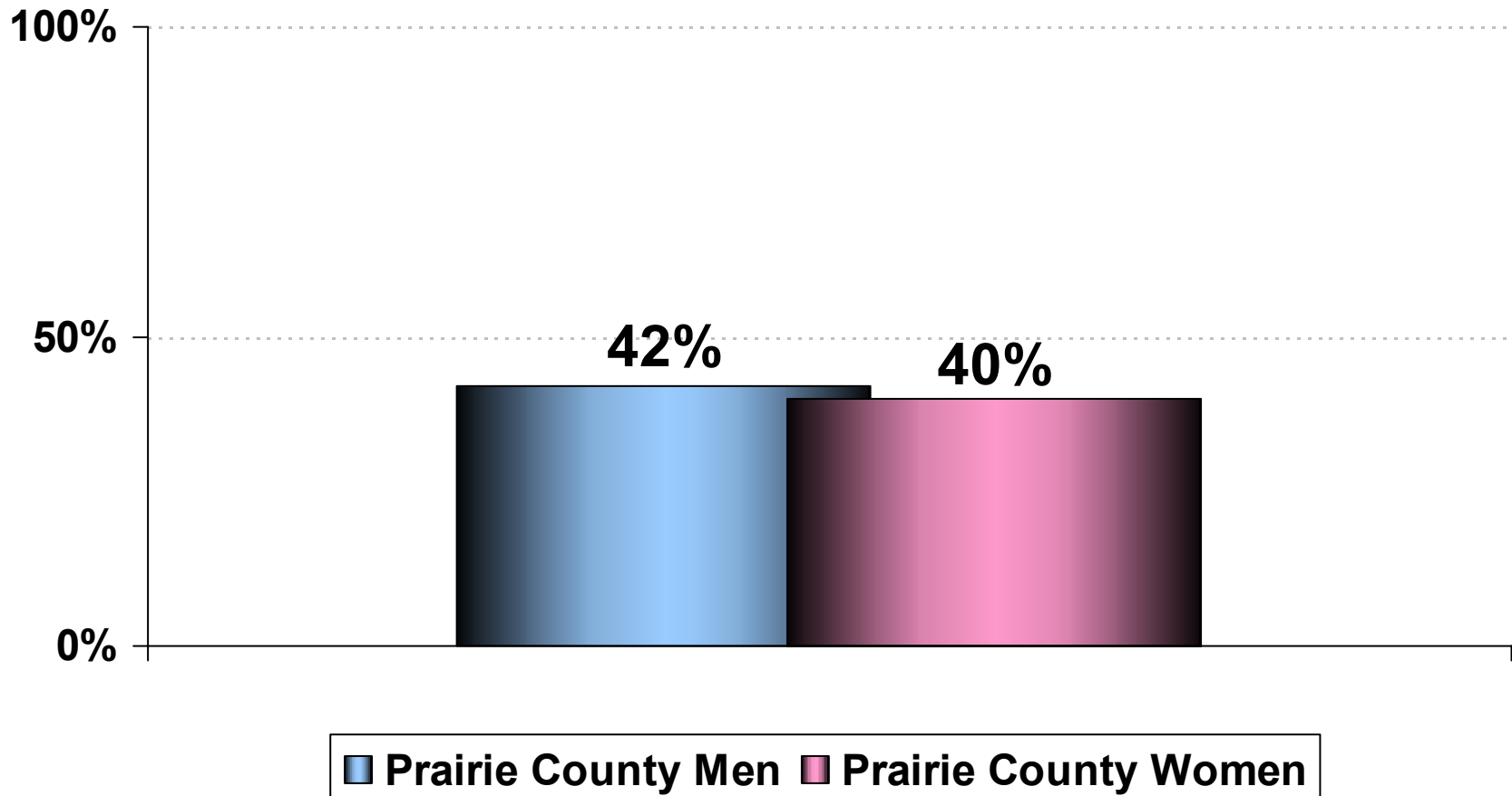
Have Been Diagnosed with Diabetes



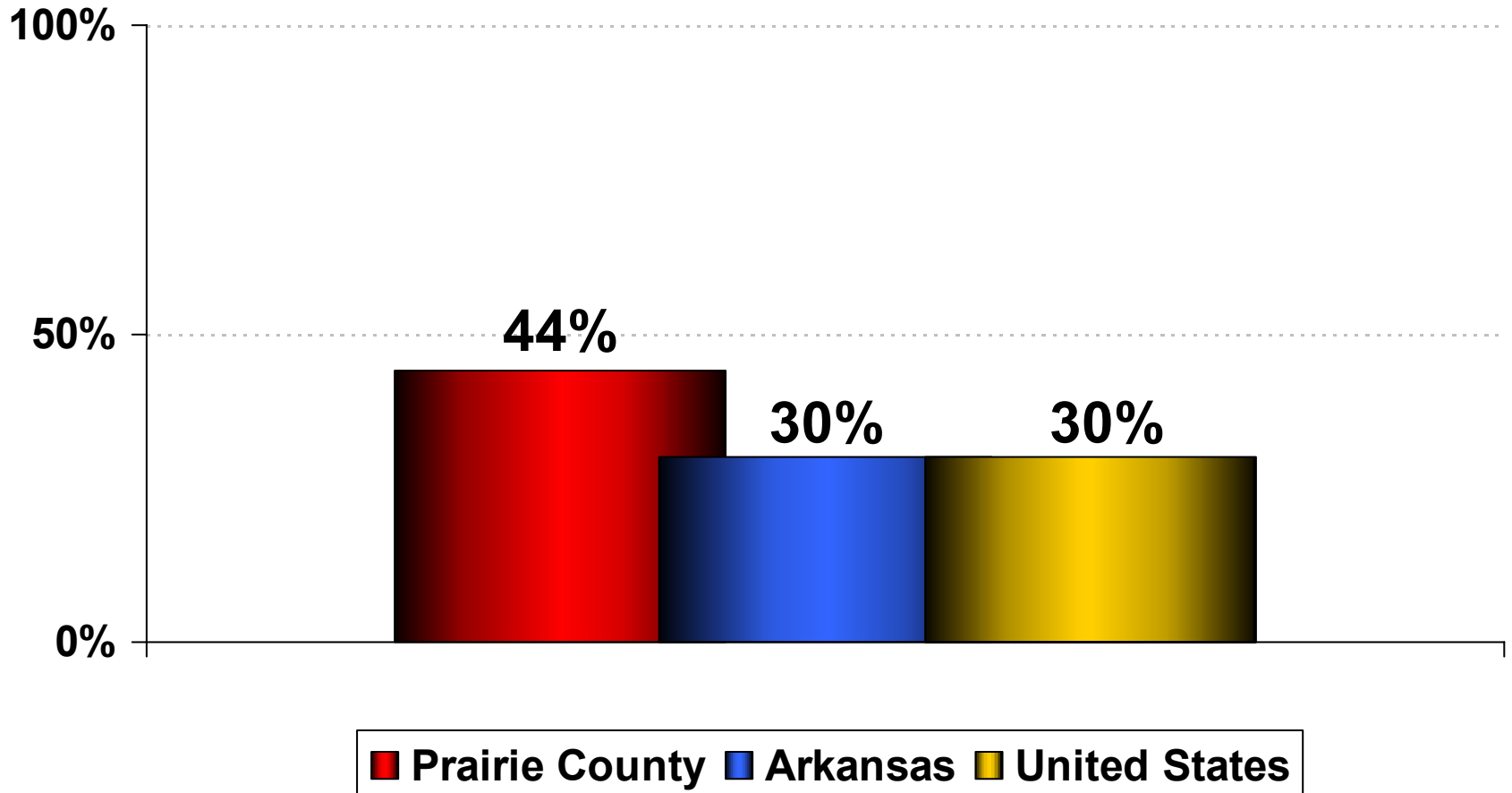
Diagnosed With High Blood Pressure



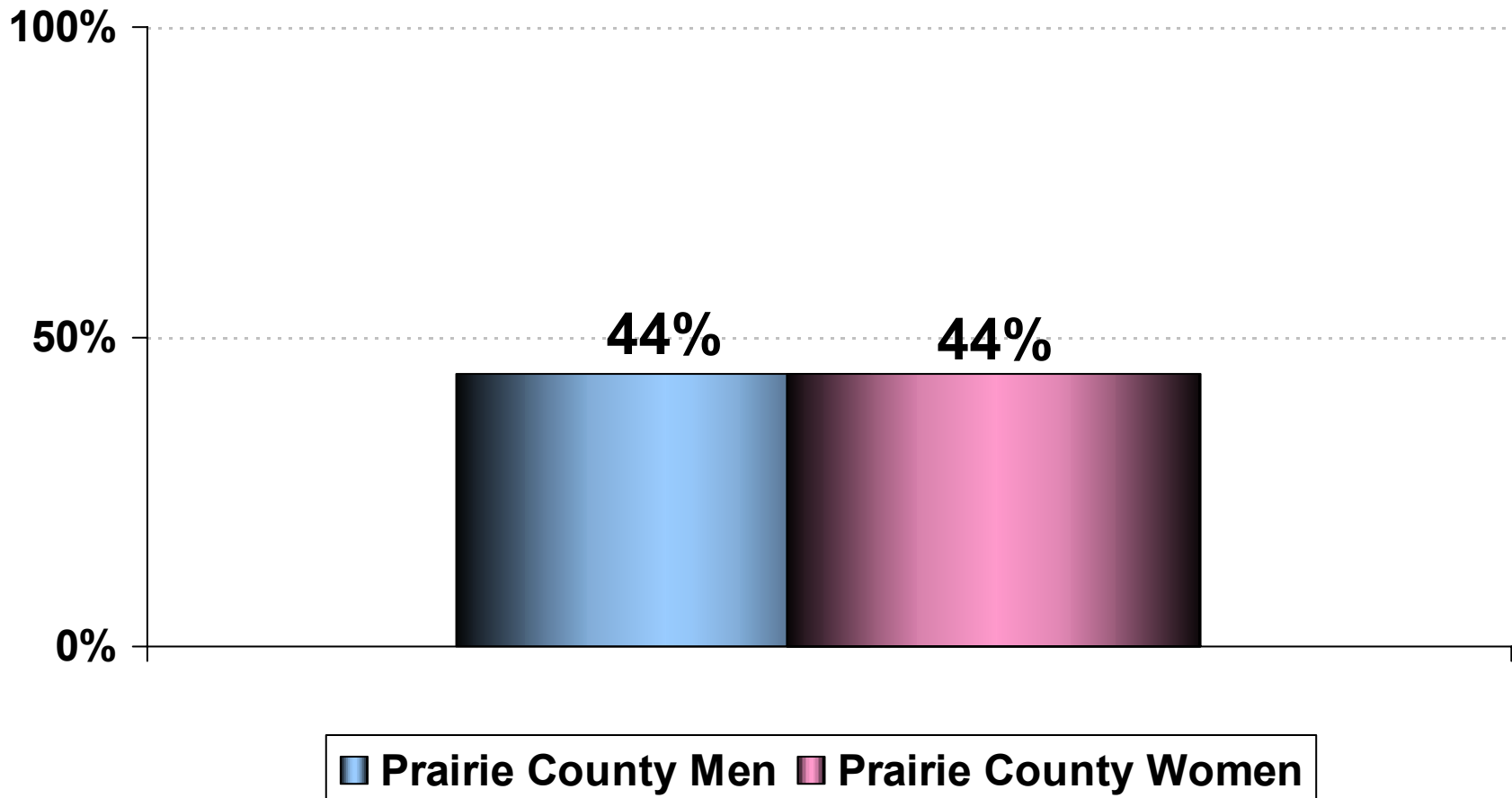
Diagnosed With High Blood Pressure



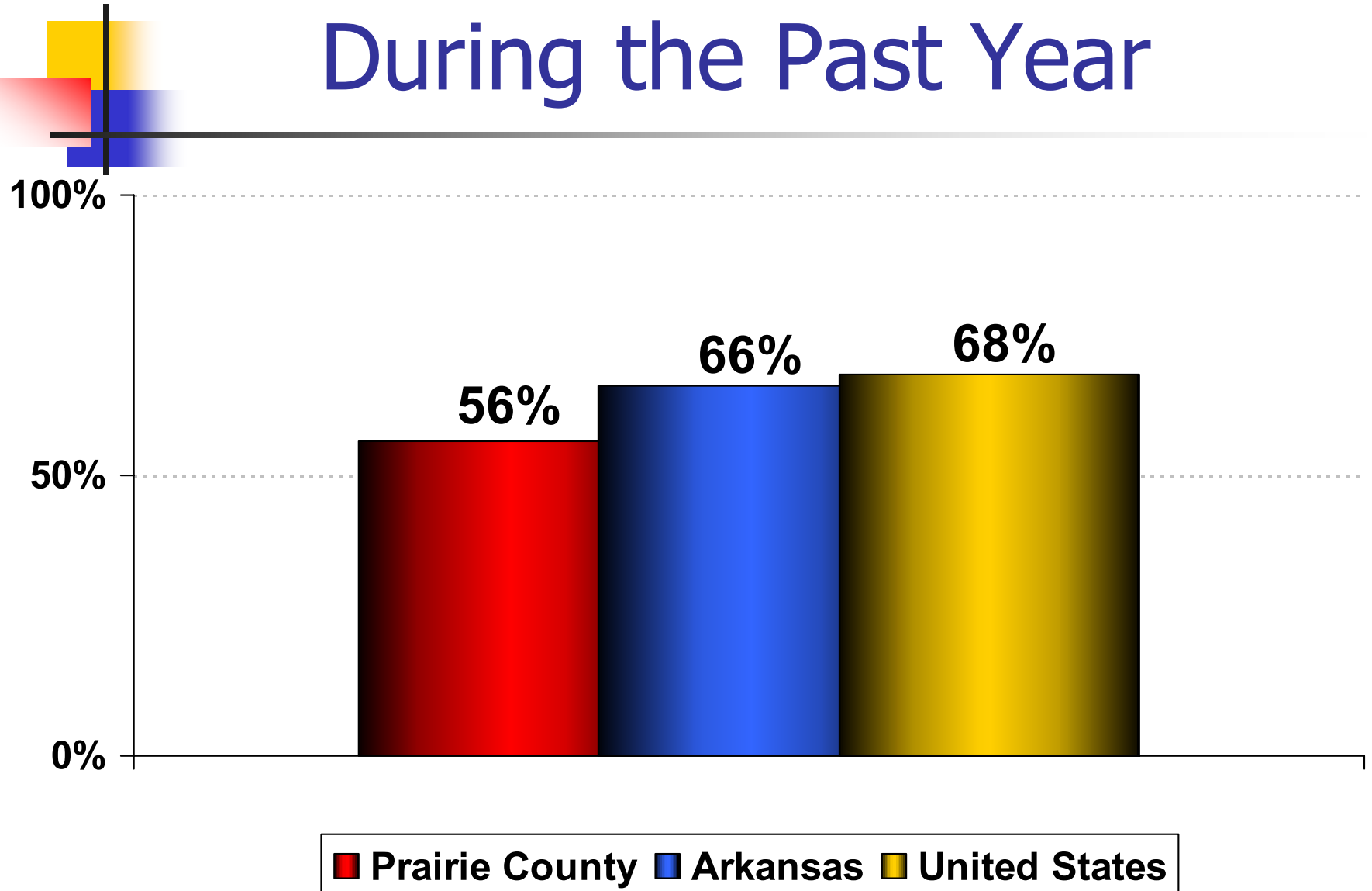
Diagnosed With High Blood Cholesterol



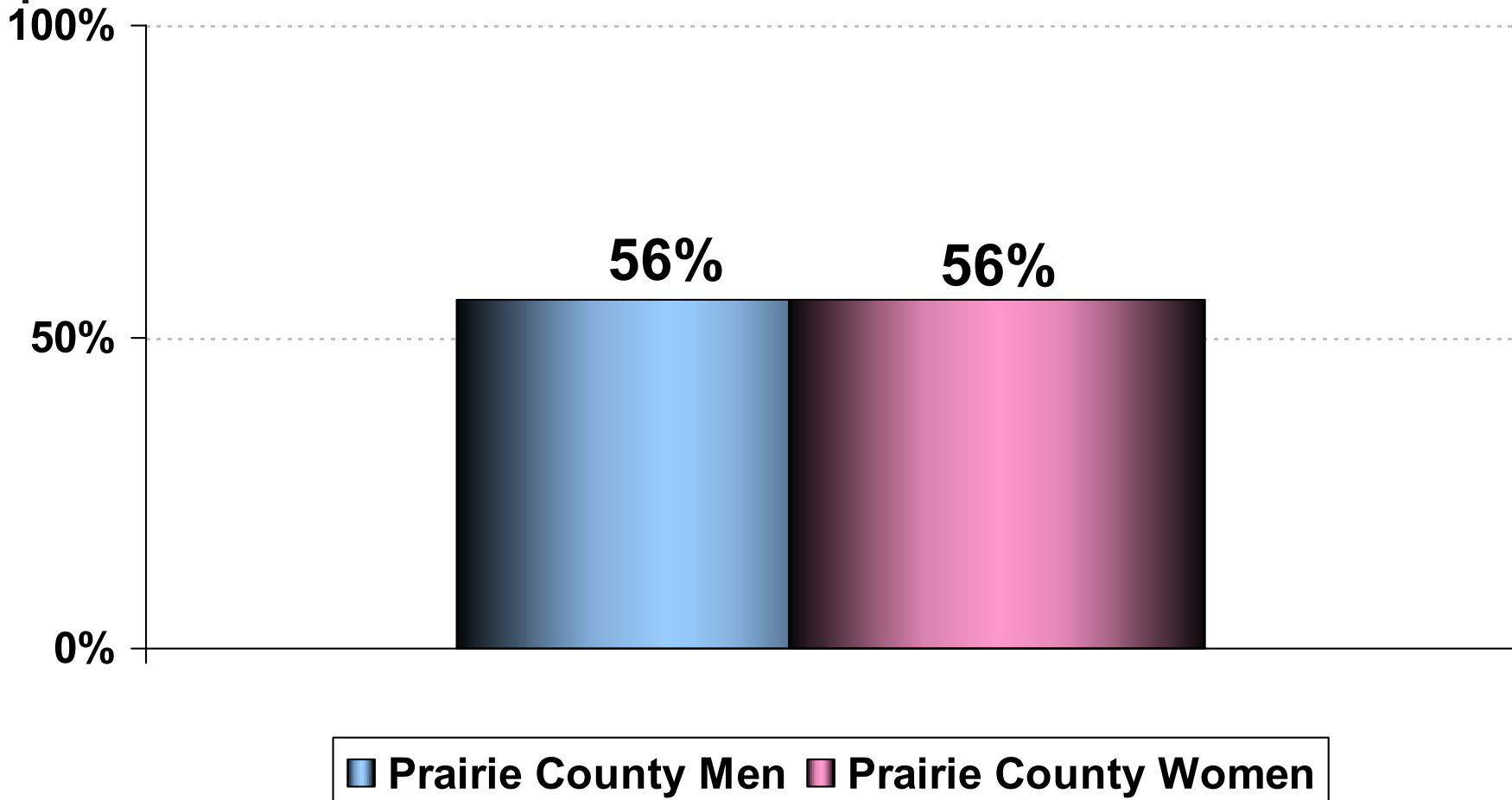
Diagnosed With High Blood Cholesterol



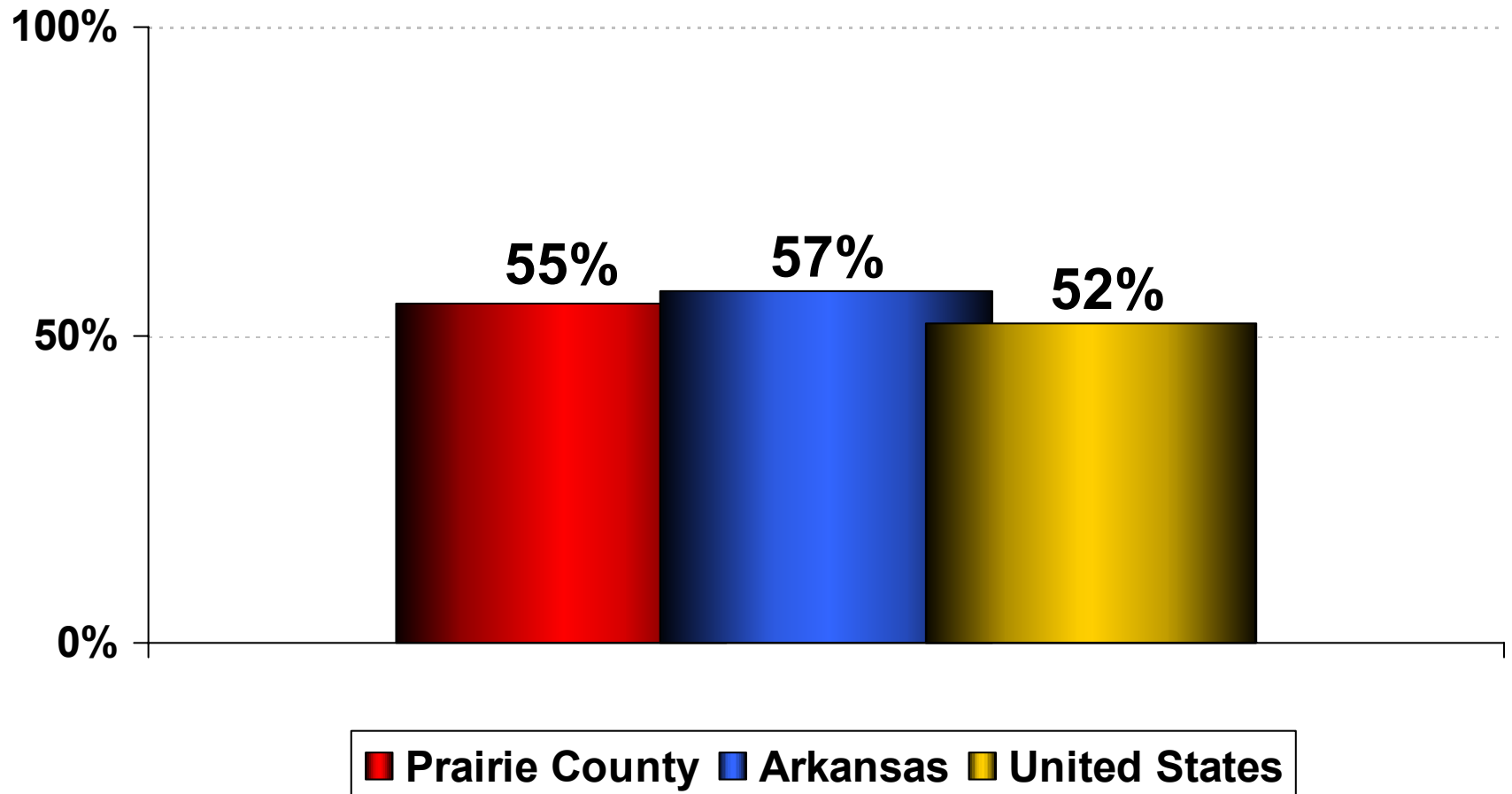
Have Not Received a Flu Shot During the Past Year



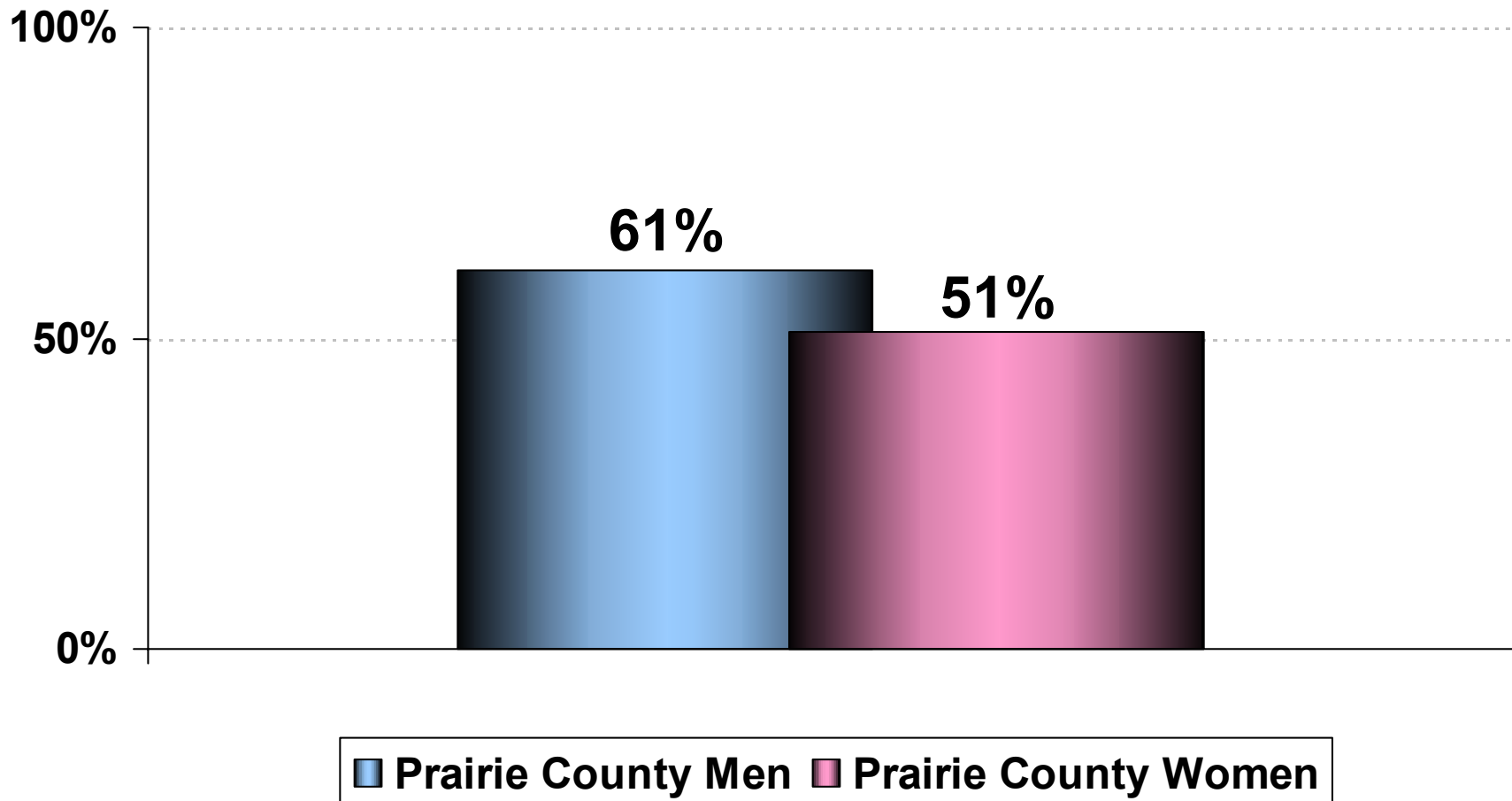
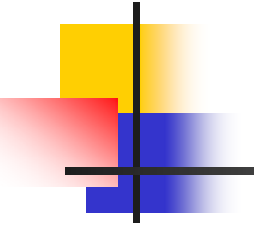
Have Not Received the Flu Shot During the Past Year



Over 50, Never Been Screened for Colorectal Cancer



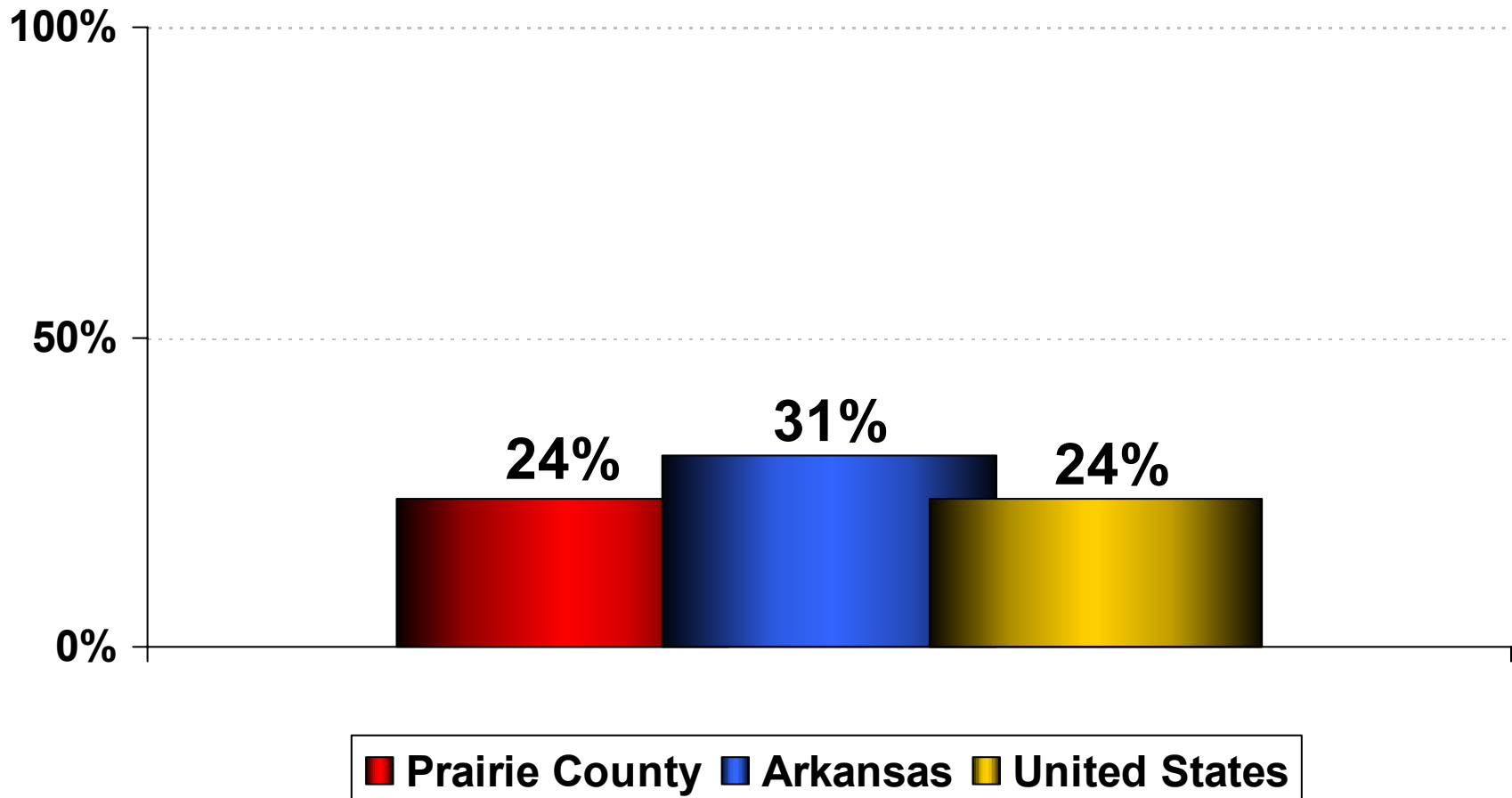
Over 50, Never Been Screened for Colorectal Cancer



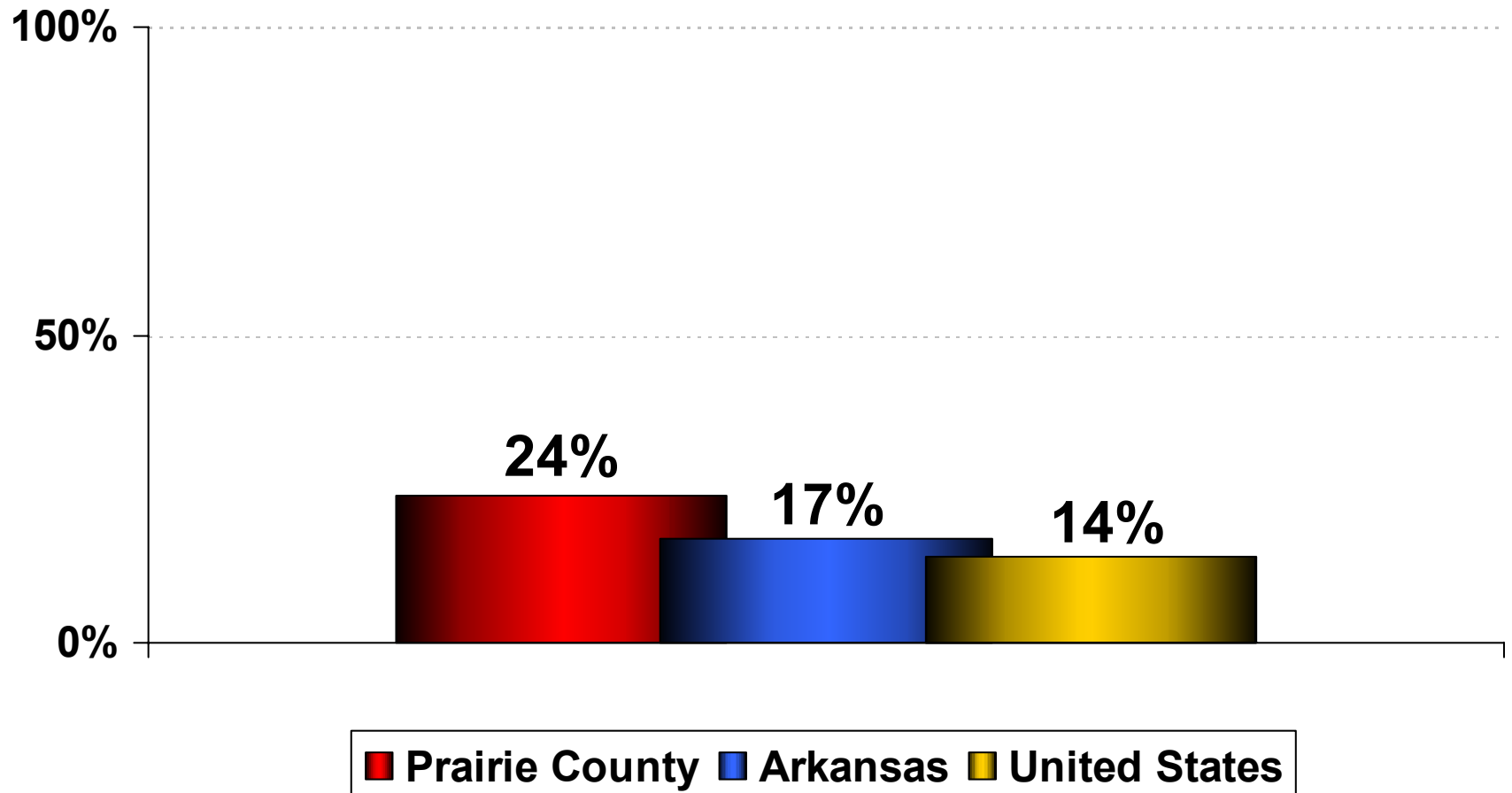


Women's Health

Over 40, Haven't Had Mammogram in Past 2 Years



Haven't Had a Pap Smear In Past 3 Years



What Can Your Hometown Health Coalition Do to Make a Difference?



- ✦ Assess
- ✦ Identify
- ✦ Develop
- ✦ Evaluate

Questions

